

RETROUVAILLE WEEKEND MARCH 2010 COUPLE COMMENTS

- ✚ The Weekend certainly was a huge benefit for opening the lines of communication with my spouse. (Male)
- ✚ When I said yes to come to Retrouvaille, I did not expect any change to happen. My heart was stubborn and cold. I am happy to say that I now see signs of a great hope. (Female)
- ✚ We have had the extraordinary good fortune to experience our 2'nd Retrouvaille Weekend. We have found that participating with the perspective of a year's experience and healing added new depth to our appreciation of each other and a re-enforced determination to continue. (Male)
- ✚ We needed this weekend and program more than we realized. We are leaving with some great tools to work with and are extremely encouraged about the future. (Female)
- ✚ Sadly enough, I was coming to Retrouvaille to seek coping skills for a lonely and closed relationship. I woke up Saturday morning, for the first time in I don't know how long, not feeling like I wanted to leave. I fell proud to be a partner in a couple who had the courage to seek more (Female)
- ✚ I found it very helpful to find ways to communicate on a deeper more emotional level with my partner. (Male)
- ✚ I wasn't sure what to expect. How could a weekend change my marriage? But it has started just by getting in touch with my feelings and understanding his and really understanding that communicating on a deeper level does help wonders. (Female)
- ✚ I found the weekend was very beneficial. I am not a strong communicator and this process helped me to move toward being a better communicator. It was out of my comfort zone, but I was appreciative of the process in the end. (Male)
- ✚ I think every couple needs to attend the Retrouvaille program. They have to experience how this program works. They need to realize that each of us (couples) needs one another's support. We don't have to wait until everything flares up to the extreme. (Female)
- ✚ The presenters did an excellent job with their presentations of their own experiences. Also, because the presenters varied in age range, it makes it easier to identify with the couples who have gone through similar situations. I thought the material presented was very well organized and incorporated nicely with passages from the Bible. The presenters did any excellent job of making you feel among peers who can all relate to your situation. (Male)
- ✚ I really enjoyed the weekend with my husband. The couple that volunteered their time were invaluable. Their stories and how far they have come, made me realize that we are not alone in our situation and has definitely given us a ray of hope. We will keep trying! (Female)