

Retrouvaille Testimonial

The Retrouvaille Program has been a blessing and it rescued our marriage. We were at the point of separation after 31 years of marriage and raising two kids. There were many reasons for us getting to this point and no resolution that we could come to on our own with the exception of bringing the marriage to an end. Communication was difficult if not impossible and often misunderstood. We made the decision to try the Retrouvaille Program as a last resort.

Retrouvaille started with an intense weekend that enabled us to get our feelings out through the use of specific tools that we did not have. We learned more about each other and gained insight into how to work through past hurts and find the positives in each other so that we could start the healing process. We learned how to handle each other's feelings and manage them in a more positive way. The presentations from couples who have been through difficulties in their relationships and lives helped us to see that there was hope for us.

The Post Sessions were on Saturdays for nine weeks which we ended up considering a date. The time together with a common goal and more tools and exercises helped us to continue the process. The weekly interaction with other couples participating in the program and the progress we were making together made the program have even more benefit. We not only saw changes in our relationship but we also saw it in many of the other couples as well.

The CORE Program is an extension to the main Retrouvaille Program where anyone who has participated is free to join in a pot luck once a month. There is typically a speaker or specific topic that is presented. The evening is great for keeping us thinking about the program and the fact that we need to keep working on our relationship.

The Retrouvaille Program run by volunteers and supported by people who have been through the program and want to give back to other couples that need some help to find their way. The volunteers are what make the program work as then have experienced difficulties similar to the attendees.

We would recommend the Retrouvaille Program for all couples no matter your age, length of time in a relationship, or the status of the relationship. It is never too early or too late in your relationship to reap the benefits of this program.

Our relationship and marriage is still a work in process and it will be for the rest of our lives. Fortunately the Retrouvaille Community is there for us and this Program and Community is there for you as well.

Rick and Sheila